Benchmarking the healthiness and environmental sustainability of campus food environments in Australia

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Universities ♥ a good ranking

TOP 9 UNIVERSITIES IN AUSTRALIA

| Rank 2019	Institution
=32	University of Melbourne
49	Australian National University
=59	University of Sydney
69	University of Queensland
=84	Monash University
=96	University of New South Wales
134	University of Western Australia
=135	University of Adelaide
196	University of Technology, Sydney

THE WORLD UNIVERSITY RANKINGS
www.thewur.com
#THEunirankings

The Top Universities in Australia 2018

1 The Australian National University
2 The University of Melbourne
3 The University of New South Wales
4 The University of Queensland
5 The University of Sydney
6 Monash University
7 The University of Western Australia
8 The University of Adelaide
9 University of Technology Sydney
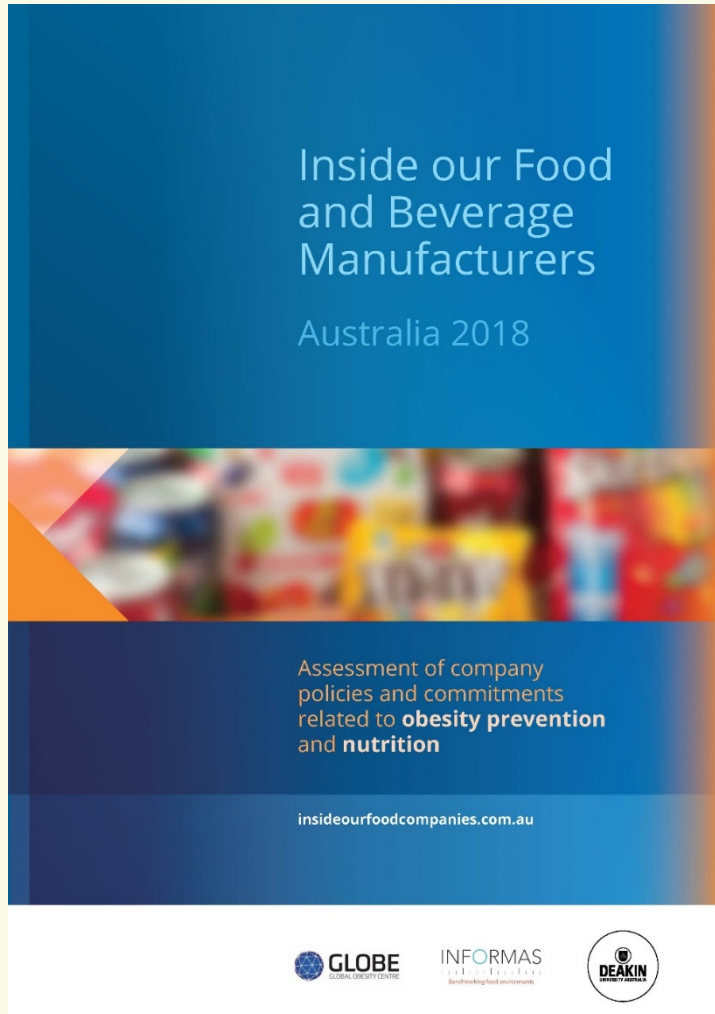10 The University of Newcastle
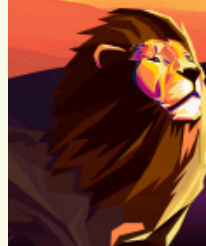
QS WORLD UNIVERSITY RANKINGS 2018 #QSWUR
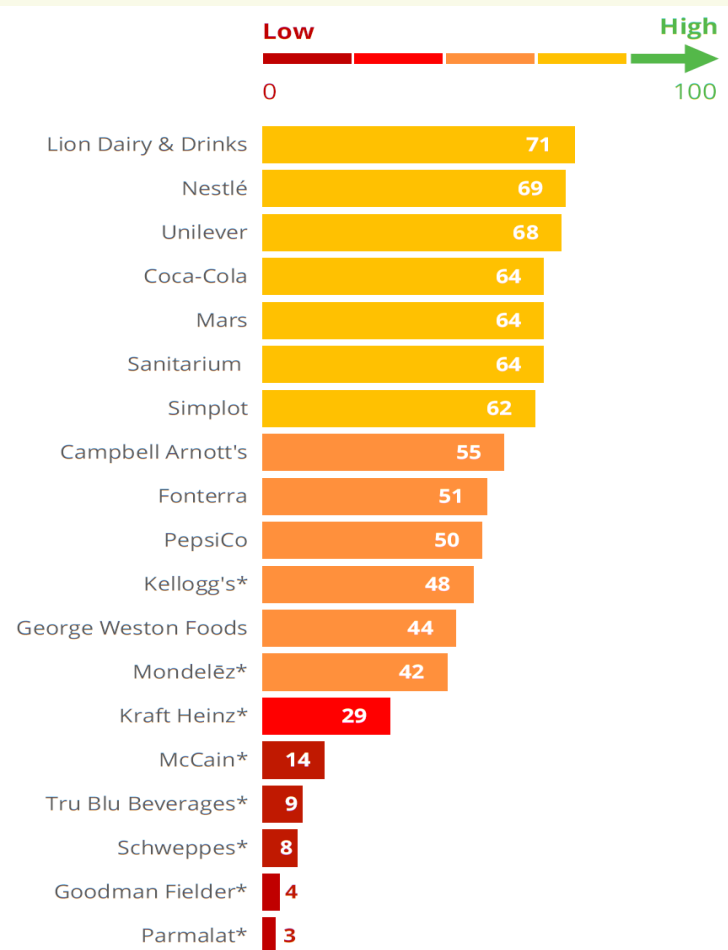GET THE FULL RESULTS: TOPUNIVERSITIES.COM/RANKINGS

Benchmarking food environments can help draw attention to the health & environmental issues, and identify opportunities for improvement

Inside our Food and Beverage Manufacturers

Australia 2018

Assessment of company policies and commitments related to **obesity prevention** and **nutrition**

insideourfoodcompanies.com.au

GLOBE — Global Obesity Centre

INFORMAS

DEAKIN

www.insideourfoodcompanies.com.au

Assessment of company policies related to nutrition (out of 100)

Low	High
0	100

Company	Score
Lion Dairy & Drinks	71
Nestlé	69
Unilever	68
Coca-Cola	64
Mars	64
Sanitarium	64
Simplot	62
Campbell Arnott's	55
Fonterra	51
PepsiCo	50
Kellogg's*	48
George Weston Foods	44
Mondelēz*	42
Kraft Heinz*	29
McCain*	14
Tru Blu Beverages*	9
Schweppes*	8
Goodman Fielder*	4
Parmalat*	3

* Assessment based on publicly available information only

Australian supermarkets fail health test, study finds
Do our supermarkets enable unhealthy buying habits?

Call to ban junk at supermarket checkouts

Obesity Prevention

Woolworths	46
coles	40
ALDI	11
IGA	8

HEALTH NEWS
SUPERMARKET CRACKDOWN
STUDY SHOWS SUPERMARKETS NEED TO TAKE MORE ACTION TO PREVENT OBESITY

Assessment of government policies for obesity prevention (2017)

INFORMAS
Benchmarking food environments

Policies for tackling obesity and creating healthier food environments

Scorecard and **priority recommendations** for Australian governments

February 2017
Further details available at
www.foodpolicyindex.org.au

Federal government policies

Level of implementation

Category	Policy
Food composition	Food composition standards / targets for packaged foods
	Food composition standards / targets for out-of-home meals
Food labelling	Ingredient lists / nutrient declarations
	Regulatory systems for health and nutrition claims
	Front-of-pack labelling
Food promotion	Restrict promotion of unhealthy food in broadcast media
	Restrict promotion of unhealthy food in non-broadcast media
	Restrict promotion of unhealthy food in children's settings
Food prices	Minimise taxes on healthy foods
	Increase taxes on unhealthy foods
Food provision	Policies in schools promote healthy food choices
	Policies in public settings promote healthy food choices
	Support and training systems for public sector settings
	Support and training systems for private companies
Food retail	Retail store availability of healthy and unhealthy foods
	Food service outlet availability of healthy and unhealthy foods
Food trade	Trade agreement impacts assessed
	Protect regulatory capacity regarding nutrition

www.foodpolicyindex.org.au

Very little, if any	Low	Medium	High
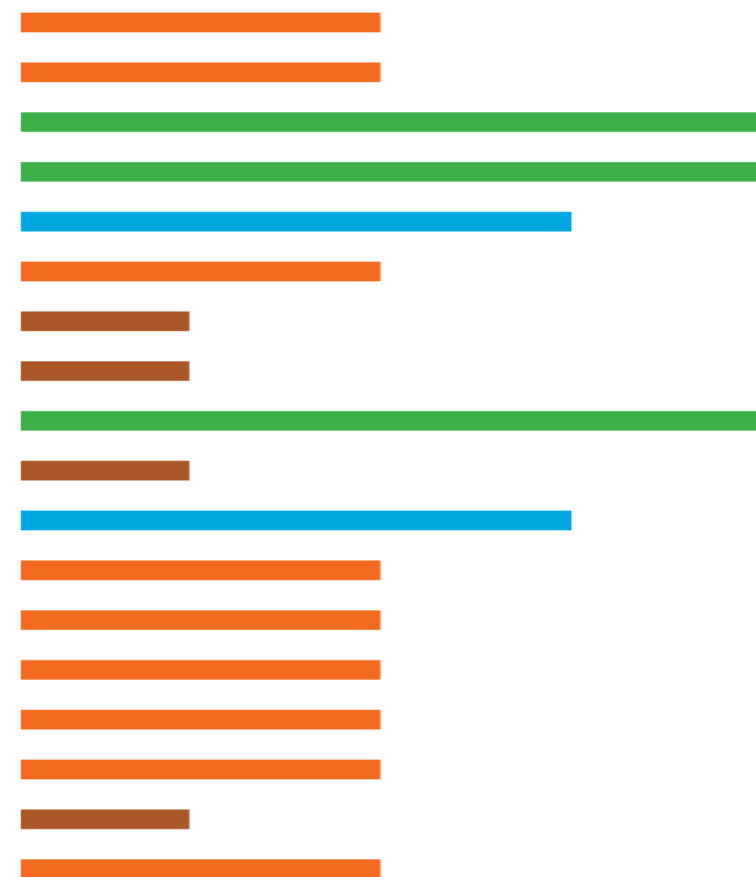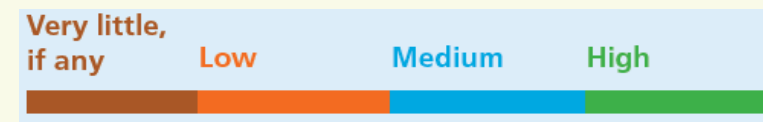
Substantial variation at the State and Territory level (2017)

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		ACT	NSW	NT	QLD	SA	TAS	VIC	WA
Food labelling	Menu labelling	High	High	Very little	High	High	Low	Medium	Very little
Food promotion	Restrict promotion of unhealthy food in non-broadcast media	Medium	Low	Very little	Very little	Very little	Very little	Very little	Low
	Restrict promotion of unhealthy food in children's settings	Medium	Low	Very little	Low	Very little	Low	Low	Low
Food provision	Policies in schools promote healthy food choices	High	High	Medium	High	Medium	High	Medium	High
	Policies in public settings promote healthy food choices	Medium	Medium	Medium	Medium	Low	Very little	Medium	Medium
	Support and training systems for public sector settings	Medium	High	Low	Low	Low	Medium	High	Medium
	Support and training systems for private companies	Medium	Medium	Low	Low	Low	Low	Medium	Medium
Food retail	Planning policies and zoning laws: unhealthy foods	Low	Very little	Low	Medium	Low	Low	Very little	Medium
	Planning policies and zoning laws: healthy foods	Low	Low	Very little	Medium	Low	Medium	Low	Low
	Retail store availability of healthy and unhealthy foods	Low	Very little	Medium	Low	Very little	Low	Low	Low
	Food service outlet availability of healthy and unhealthy foods	Low	Low	Low	Low	Medium	Very little	Low	Low

Level of implementation (with reference to international best practice)

Very little, if any   Low   Medium   High

National Campus Food Environments Action Network

Vision

To help facilitate higher education institutions in Australia to transition to healthier and more sustainable campus food environments

Objectives

- Build a network that shares knowledge to accelerate changes in campus food environments in Australia
- Assess campus food environments against best practice standards to generate interest and commitment to change
- Support higher education institutions in Australia to implement policies and strategies to improve the healthiness and sustainability of campus food environments

- **Established in 2020**
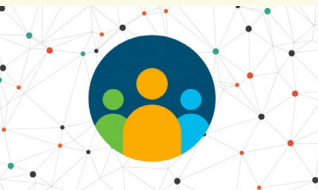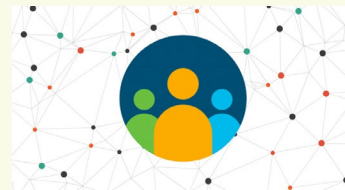- **Participation from 30+ operational staff and researchers (12+ universities)**

GLOBE GLOBAL OBESITY CENTRE

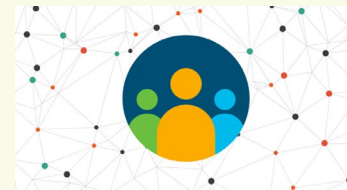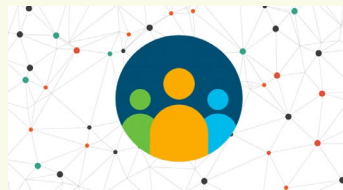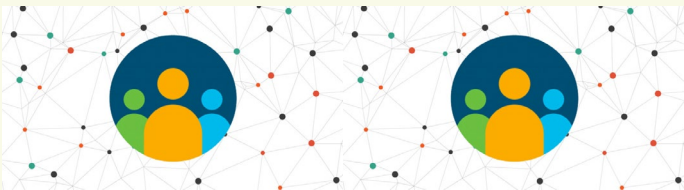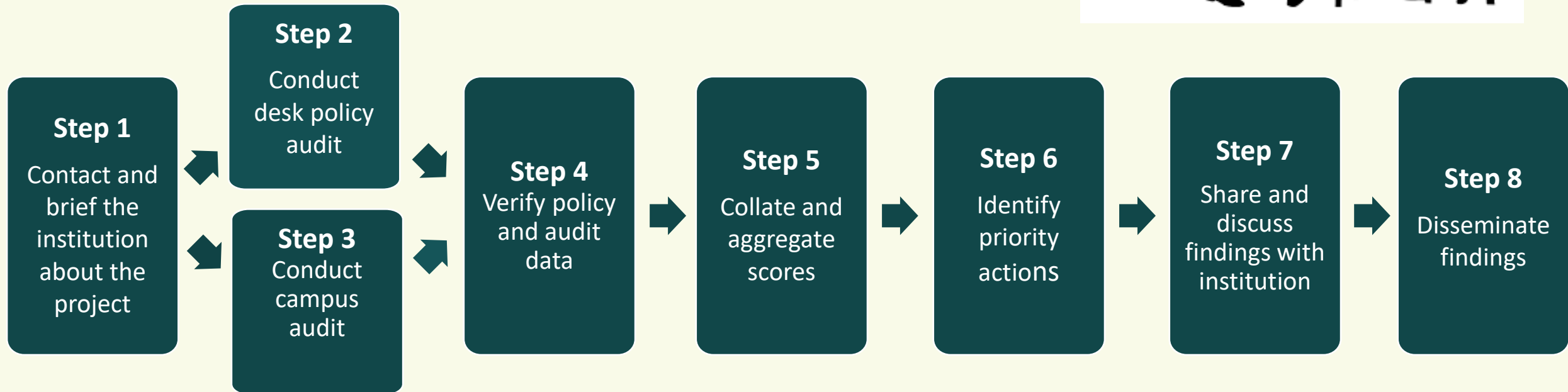INSTITUTE FOR HEALTH TRANSFORMATION

DEAKIN UNIVERSITY

refresh
Centre of Research Excellence
Food Retail Environments for Health

University Food Environments (Uni-Food) Tool

- Developed to assess the healthiness and environmental sustainability of university food environments

- Indicators of good practice grouped into three components:
  - University systems and governance
  - Campus facilities and environments
  - Food retail environments

- Performance against each of the indicators is assessed, and scores aggregated to identify areas of progress and opportunities for further action

COMPONENT	DOMAIN	SUB-DOMAIN
University systems and governance	Leadership and planning	Policies and commitments
		Accountability and transparency
	Monitoring and reporting	Food environments
		Staff and student population
	Funding and resources	Funding
		Resources
	Stakeholder engagement	Platforms for interaction
		Student voice

COMPONENT	DOMAIN	SUB-DOMAIN
Campus facilities and environment	Availability and accessibility	Drinking water
		Healthy, equitable and environmentally sustainable food
		Culturally appropriate food
		Vending machines
		Self-catering
		Operating hours
	Equity	Affordability
		Food relief
	Advertising and marketing	Advertising
		Marketing
	Catering and events	Catering
		Fundraising
		Student accomodation
	Personal and community	Community skills building
		Training and information
	Environmental impact	Waste and recycling
		Food packaging and serving ware
		Water
		Energy and Emissions

COMPONENT	DOMAIN	SUB-DOMAIN
Food retail environment	Availability	Healthy, equitable and environmentally sustainable foods and
		Portion sizes
	Accessibility	Unhealthy foods in prominent locations
	Promotion	Unhealthy food and beverage advertising
	Price	Comparative price
		Price promotion
	Information	Nutrition information
		Sustainability information
		Cultural information
	Environmental impact	Food packaging and serving ware
		Food waste

Process for applying the Uni-Food tool

Step 1
Contact and brief the institution about the project

Step 2
Conduct desk policy audit

Step 3
Conduct campus audit

Step 4
Verify policy and audit data

Step 5
Collate and aggregate scores

Step 6
Identify priority actions

Step 7
Share and discuss findings with institution

Step 8
Disseminate findings

Get involved!

Progress to date

✓ Campus Food Network established

✓ Draft framework and assessment tool developed (12+ months process)

✓ Detailed protocol and training materials developed

✓ One pilot assessment conducted (December 2020)

Next steps

❑ Recruiting universities to participate in 2021

❑ Sharing of best practice

❑ Assisting universities to improve

Contact me to join in: gary.sacks@deakin.edu.au